U12 & U13 PLAYING FORMAT & RULES

KEY DETAILS

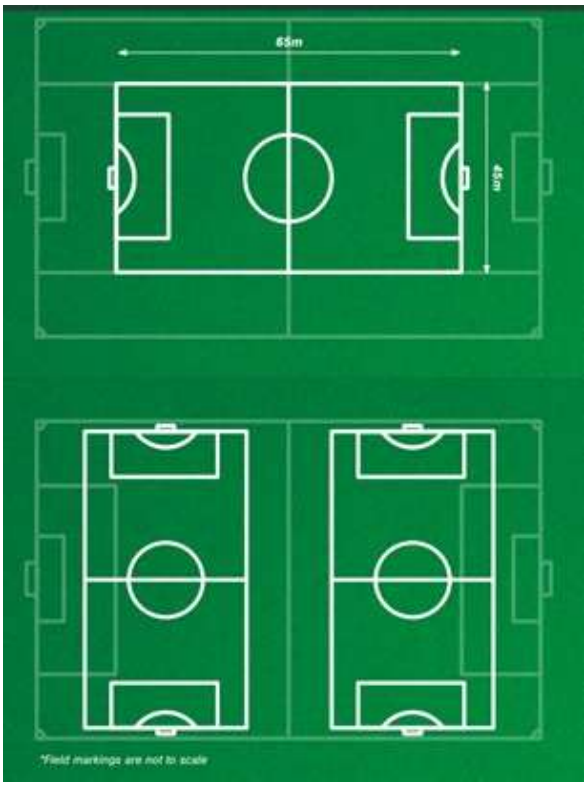
The Under 12 and Under 13 Playing Format and Rules should be read in conjunction with the Football SA Competition Regulations.

Numbers	9 v 9 Including Goalkeeper. Max of 5 substitutes
Field Size	Length: 60 - 70m Width: 40 - 50m
Goal Size and Type	Height: 2m Width: 5m Permanent or portable goal must be compliant with the Australian Competition and Consumer Commission's Consumer Notice No.28 of 2010. To comply with Australian Safety Standards, portable goals must be anchored securely to the ground
Field Marking	Cones, Markers or Painted Lines are allowed
Penalty Area	Depth: 10m Width: 20m Penalty Spot 7m from goal line
Duration of Game	2 x 30-minute halves
Half Time	10 minutes
Referee	Football SA Appointed
Assistant Referees	Club appointed Assistant Referees
Interchange	Yes
Number of Team Officials	5
Ball Size	4
Results	Yes

PITCH MARKINGS

All pitch markings as required for a full-size pitch, including the penalty area, penalty spot and halfway line but in the reduced format.

Pitch markings can be marked with paint, or flat markers. Painted lines must be a different colour to any existing line markings used for the full-size pitch to avoid confusion for all participants.



U12 & U13 PLAYING FORMAT & RULES

COMPETITION RULES

Under 12 and Under 13 Competition is played under FIFA Laws of the Game with modified format to assist players with their development.

Offside: The offside rule will be included in the Under 12 and Under 13 Competition as it is an integral rule to the game of football. The 9 v 9 format will assist players to understand and learn the rule as there is less space between the halfway line and the opposition goals.

Goal kick: Goal kicks can be taken from anywhere within the penalty area. Opponents must remain at least 12 metres from the goal line and outside the penalty area until the ball is in play.

Throw ins: When taking a throw-in, the player is to face the field of play, have part of each foot on the ground either on or behind the touch line, use both hands and delivers the ball from behind and over their head. The thrower must not touch the ball again until it has been touched by another player. The ball is in play once it enters the field of play. A goal cannot be scored from a throw-in.

Corner kicks: Opponents must be at least 5 meters away from the ball until it is in play. The ball is in play when it is kicked and moves.

Discipline: All fouls will follow the FIFA Laws of the Game rules and regulations. Red and yellow cards will be issued in accordance with the Laws of the Game. Any player sent from field of play may not stay in the technical area and the game will be stopped until they leave the area. Sanctions will be issued in accordance with the Football SA Table of Offences.

Interchange: Interchange regulations apply to Under 12 and Under 13 competitions. All Substitutions must be made at the halfway and substitutes must enter at halfway. Players being substituted must leave the field of play via the nearest boundary (sideline or goal line).

MATCH OFFICIALS

Where possible, Football SA will continue to appoint match officials to Under 12 and Under 13 matches. Similar to the concept of the players learning the game through small sided football, Football SA will also be utilising the Under 12 and Under 13 League to introduce and develop new referees to the game.

Clubs will be required to supply a club Assistant Referee for all games.

MATCH RESULTS

The recording of match results will be conducted in all Under 12 and Under 13 competitions. Points tables will be used and results published.

FURTHER INFORMATION

For further information on coaching and player development contact Football SA Technical Department. For information on competitions contact Football SA Competitions Department.

OTHER RULES AND REGULATIONS

Other than the rules specified in this document, all other rules will be in accordance to the FIFA Laws of the Game and the Football SA Rules and Regulations.