FOOTBALL
SOUTH
AUSTRALIA

5AA Football Five5

Frequently Asked Questions

FOOTBALL SOUTH AUSTRALIA
ServiceFM Stadium
Matildas Drive (Cnr Briens Road)
Gepps Cross, SA 5094
Ph: (08) 8340 3088
Fax: (08) 8340 3188
PO Box 87
Pooraka SA 5095
www.footballsa.com.au

Table of Contents

GENERAL **4**
Q. Is there an age limit? 4
Q. Is there a time commitment? 4
Q. Am I going to have to train? 4
Q. Is there day-care at the venue? 4
Q. Do I need Football experience? 4
Q. Do I have to come every week? 4
Q. Is there coaching available? 4
Q. Is it possible to rent a court for an hour? 4
Q. Am I allowed to come and use a court on the weekend/ in the morning outside league timings? 4
Q. Do the Football Five5 leagues run in the rain or hot weather? 5
Q. Is there a lost and found? 5
Q. What if I do not have a team? 5
Q. Is there a fixture timetable? 5
Q. Can I bring my glass bottle to the court? 5
Q. How can I get a refund? 5
Q. Can I sign up for half the season or do I have to pay the full price? 5
INSURANCE AND FILL-INS **6**
Q. Can I register additional players to my team after the season commences? 6
Q. Am I covered by the Football SA Insurance Program in case of an injury? 6
Q. What happens if I cannot get enough players in a week? 6
PRE-GAME CHECK-IN **7**
Q. What do I do when I arrive at the venue? 7
Q. Is there anywhere to check-in? 7
Q. Where can I leave my belongings during the game? 7
RULES AND REGULATIONS **8**
Q. How long do the games go on for? 8
Q. Will there be a break during a game? 8
Q. How many females need to be playing on a mixed team? 8
Q. Must a team have a goalkeeper? 8

Q. Will there be a final series at the end of a Football Five5 competition? 8
Q. Will there be prizes for the Winners? 8
Q. How long is the Summer Leagues season? 8
Q. Are there throw-ins or corner-kicks? 8
Q. How many players needed to get the game kicked-off? 8
Q. Will there be referees for the games? 8
Q. How many subs can I have? 9
Q. Can I play for multiple teams? 9
Q. Where can I find the Ladders? 9
ATTIRE, EQUIPMENT, SHOES AND JEWELLERY 10
Q. What shoes do I need to wear? 10
Q. Do the goalkeepers need to wear gloves? 10
Q. Can I wear jewellery on the court? 10
Q. Do I need to wear any special clothing? 10
Q. Does everyone on my team have to wear the same colour? 10
Q. Can I wear glasses / spectacles? 10
Q. Do I need to wear shin-pads? 10
FOOD AND DRINK / FACILITIES 11
Q. Where can I find a bite to eat or a drink to quench my thirst? 11
Q. Are there water fountains to fill up a bottle? 11
Q. Are there shower or change-room facilities available for Football Five5 participants? 11
Q. Are any of the toilets accessible? 11
Q. Is there parking at the facility? 11

GENERAL

Q. Is there an age limit?

- Senior leagues – Anybody who is 16 years old and above may play
- Junior leagues - Players must be age-eligible to participate.

Q. Is there a time commitment?

- It is best to allocate a minimum of 1 HOUR from start to finish.

Most games go on for a total of 45 minutes.

Q. Am I going to have to train?

- No training required. Just show up, play and have fun!

Q. Is there day-care at the venue?

- Not currently however, Football SA aims to provide the best possible experience for all and so, if there is a need for it, we may look to introduce it down the track.

Q. Do I need Football experience?

- No experience required. Just show up, play and have fun!

Q. Do I have to come every week?

- Each team will have a fixture every week unless there is an odd number of teams in a division.
- If your team cannot make it on a particular week, a minimum of 24-hours' notice must be provided to Football SA in order avoid the team being charged the full game fee.
- Every attempt will be made to get all games played.

Q. Is there coaching available?

- Please fill out the following form and a representative from Football SA will be in touch:
  - https://form.jotform.com/242190163737860

Q. Is it possible to rent a court for an hour?

- Yes, please contact the Football SA office at info@footballsa.com.au for more details.

Q. Am I allowed to come and use a court on the weekend/ in the morning outside league timings?

- Please fill out the following form and a representative from Football SA will be in touch:
  - https://form.jotform.com/242190163737860

Q. Do the Football Five5 leagues run in the rain or hot weather?

- We make every effort to get all the games played, even through a little rain and some warm weather.

Football South Australia has an extreme weather policy which can be found at www.footballsa.com.au. Should there be heavy rain forecasted and games not going ahead, the team coordinator will be contacted by Football SA prior to the game.

Q. Is there a lost and found?

- Please walk up to the Coopers Courtyard bar, the cafe near the venue entrance or to the reception and a Football SA representative will be able to assist you.

Q. What if I do not have a team?

- No stress, we will work with you to help find you a team.

Please fill out the following form and we will be in touch:

https://form.jotform.com/252590470516861

Q. Is there a fixture timetable?

- Once teams have been confirmed and leagues have been established, a timetable with all the team's games will be provided for the duration of the competition.

Q. Can I bring my glass bottle to the court?

- All personal items including drink bottles must be left outside the court.
- External food and drink are not allowed into the venue.

Q. How can I get a refund?

- Please fill out the following form to request a refund:
    - https://form.jotform.com/232957806358873

Q. Can I sign up for half the season or do I have to pay the full price?

- All teams will pay a nominal once-off team registration fee.
    - Senior teams will then roll up and pay a weekly team fee for each game ($85 per team).
    - Junior players on registering for the competition will be required to commit to the full price of the competition ($150 per player)

ServiceFM Stadium
Matildas Drive (Cnr Briens Road)
Gepps Cross, SA 5094
Ph: (08) 8340 3088
Fax: (08) 8340 3188
PO Box 87
Pooraka SA 5095
www.footballsa.com.au

INSURANCE AND FILL-INS

Q. Can I register additional players to my team after the season commences?

- If you do not have sufficient players to play or would like to add a player to the roster, you may find a friend to fill in the spot
- All fill-in players must be registered on PlayFootball to play and be covered by the Football SA insurance program.

Q. Am I covered by the Football SA Insurance Program in case of an injury?

- Yes, all players playing in the Football Five5 leagues must be registered on PlayFootball to ensure they are covered by Football SA's insurance program.

Q. What happens if I cannot get enough players in a week?

- No stress, if you do not have sufficient players to play or would like to add a player to the roster, you may find a friend to fill in the spot.
- All fill-in players must be registered on PlayFootball to play and be covered by the Football SA insurance program.

ServiceFM Stadium
Matildas Drive (Cnr Briens Road)
Gepps Cross, SA 5094
Ph: (08) 8340 3088
Fax: (08) 8340 3188
PO Box 87
Pooraka SA 5095
www.footballsa.com.au

PRE-GAME CHECK-IN

Q. What do I do when I arrive at the venue?

- Walk down to Coopers Courtyard, state your team's name at the counter and fill out a team-sheet with the list of players and shirt numbers (if applicable).

Senior Teams will also pay the weekly game fee ($95 per game).

Q. Is there anywhere to check-in?

- Teams will check-in at the Coopers Courtyard counter, a member of the team will fill out a match-sheet and proceed to the court for the game.

Senior Teams will also pay the weekly game fee ($95 per game).

Q. Where can I leave my belongings during the game?

- All personal belongings may be left outside the court during a game. Football SA is not responsible for the loss or theft of any personal item.

ServiceFM Stadium
Matildas Drive (Cnr Briens Road)
Gepps Cross, SA 5094
Ph: (08) 8340 3088
Fax: (08) 8340 3188
PO Box 87
Pooraka SA 5095
www.footballsa.com.au

RULES AND REGULATIONS

Q. How long do the games go on for?

- Senior Games - 2x20 minute halves
- Junior Games - 2x15 minute halves

Q. Will there be a break during a game?

- Yes, teams will get a half-time break of 5 minutes.

Q. How many females need to be playing on a mixed team?

- Mixed Teams must always have 2 females playing on the court.

Q. Must a team have a goalkeeper?

- Yes, however players may rotate being goalkeeper during the game as long as the referee is made aware of the change.

Q. Will there be a final series at the end of a Football Five5 competition?

- We will look to host a final series wherever possible
- Depending on team nominations, the decision on whether there will be a final series will be communicated to all teams in a division following the commencement of the competition.

Q. Will there be prizes for the Winners?

- Winners and runners up medals are available at the end of the season to the recipients.

Q. How long is the Summer Leagues season?

- Senior Leagues - 12 weeks
- Junior Leagues - 10 weeks

The Summer Leagues will end in December before the Christmas break.

Q. Are there throw-ins or corner-kicks?

- There are no outs. Players can be as creative as possible using the walls to score goals

Q. How many players needed to get the game kicked-off?

- A game may proceed with a minimum of 4 players on the court.
- Should a team not be able to accommodate 4 players on the court, the game will be forfeited.

Q. Will there be referees for the games?

- All Football Five5 games will be officiated by a Football SA Referee.

ServiceFM Stadium
Matildas Drive (Cnr Briens Road)
Gepps Cross, SA 5094
Ph: (08) 8340 3088
Fax: (08) 8340 3188
PO Box 87
Pooraka SA 5095
www.footballsa.com.au

Q. How many subs can I have?

- Teams may have as players on the roster as needed.
- Unlimited substitutions may be made during the game.

However, teams must let the referee know before making a substitution.

Recommended number of players for a game: *7-8 players per team*.

Q. Can I play for multiple teams?

- Players may play for another team as long as the team is not participating in the same division.
- Please communicate with Football SA staff if you plan to play for two teams.

Q. Where can I find the Ladders?

- Fixtures and Ladders can be found here – https://fsa-football-fives.dribl.com/

ServiceFM Stadium
Matildas Drive (Cnr Briens Road)
Gepps Cross, SA 5094
Ph: (08) 8340 3088
Fax: (08) 8340 3188
PO Box 87
Pooraka SA 5095
www.footballsa.com.au

ATTIRE, EQUIPMENT, SHOES AND JEWELLERY

Q. What shoes do I need to wear?

- Football boots suitable for artificial turf pitches are ideal.
- Indoor football boots (Futsal) are **not** recommended as the court may get slippery.

Q. Do the goalkeepers need to wear gloves?

- Gloves for goalkeepers are mandatory.

Q. Can I wear jewellery on the court?

- All jewellery must be removed prior to kick-off.

Q. Do I need to wear any special clothing?

- All players must be in the same coloured jersey except the goal-keeper.
- Having shirt numbers on the back of the top is mandatory.
- Electrical tape is available to put shirt numbers on.
- If there is a jersey clash with the opposition team, bibs will be provided. The referee will decide which lucky team gets to wear the bibs.

Q. Does everyone on my team have to wear the same colour?

- All outfield players must wear the same-coloured jersey.
- The goalkeeper is to be in a different-coloured jersey.

Q. Can I wear glasses / spectacles?

- Yes, players may wear glasses / spectacles on the court as long as they are made of a safe material and do not pose a risk of injury to the player.
- If you are unsure if your glasses are suitable, please check with your optometrist and they will be able to confirm if your glasses / spectacles are safe for sporting activity.

Q. Do I need to wear shin-pads?

- Yes, shin pads are mandatory.

ServiceFM Stadium
Matildas Drive (Cnr Briens Road)
Gepps Cross, SA 5094
Ph: (08) 8340 3088
Fax: (08) 8340 3188
PO Box 87
Pooraka SA 5095
www.footballsa.com.au

FOOD AND DRINK / FACILITIES

Q. Where can I find a bite to eat or a drink to quench my thirst?

- Players may grab a bite to eat and have a drink with friends from the fully licensed Coopers Courtyard bar.
- Hot food and drink may be available at the café near the venue entrance, depending on the day.

Q. Are their water fountains to fill up a bottle?

- There is a water fountain available in front of Football Five5 - Court 5.

Q. Are there shower or change-room facilities available for Football Five5 participants?

- No, there are no shower or change-room facilities for any Football Five5 games.

Q. Are any of the toilets accessible?

- Accessible Toilets are available on-site at the venue to accommodate a wheel-chair user.

Q. Is there parking at the facility?

- Yes, 120+ parking spots are available at the venue.